



Breaking the Silence



The Unmet Mental Health Crisis with COVID-19

Cobb Webinar Dec. 8, 2020 8-9:30pm EST

Register below or follow us at

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for Livestream of the event.

Objectives

- To outline the unique stressors related to COVID-19
- To discuss alternative behavioral health management
- To explore effective coping and preventive strategies
- To explore strengths and weaknesses in the disruption of local dynamics and immigrant economies
- To develop an action plan to address behavioral health during the Pandemic

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Panelists

Mental Health and COVID-19



Rahn Bailey, MD
Asst Dean of Education-
Charles Drew Univ
NMA Past President



Altha Stewart, MD
Assoc. Dean Community
Engagement-UT
Memphis,
APA Past President



Patrice Harris, MD
Editor in Chief
Everyday Health,
AMA Past President



Napoleon Higgins, MD
President of the Black
Psychiatrists of Greater
Houston
BPA Past President

Host



Randall Morgan, MD, MBA
CEO

W. Montague Cobb/NMA Health Institute

Moderator



Winston Price, MD
CIO

Cobb Webinar Series #8

December 8th 8-9:30PM EST

Please join this expert group of clinicians for a robust discussion on the behavioral needs of communities of color during COVID-19. For additional information visit

www.thecobbinstitute.org

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RAHN K. BAILEY, M.D., FAPA

Charles R. Drew School of Medicine

Board Chairman, 2019-2021 Dr. Rahn Bailey was recently announced the new Assistant Dean for Clinical Education at the Charles R. Drew, School of Medicine. He also accepted a clinical appointment at the Kedren Acute Psychiatric Hospital and Community Mental Health Center. Prior to this Deanship, Dr. Bailey served as Chairman of the Department of Psychiatry and Behavioral Health at Wake Forest Baptist Medical Center since 2015. Dr. Bailey was appointed chairman and professor of psychiatry at Meharry Medical College, Tennessee from 2008 – 2014. He also was Executive Director of the Lloyd C. Elam Mental Health Center, the largest mental health center in Tennessee. He has served as president and a member of the board of trustees of the National Medical Association (NMA), and as president of the Tennessee State Psychiatric Association. He has been principal investigator on a number of research grants including the Adult Continuum Care Grant, SISTER (Supported Intensive System of Treatment Empowerment and Recover) program, Rainbow Unit Grant, Adolescent and Family Treatment Program, Adolescent Day Treatment Grant, and the Substance Abuse Initiative Grant, among others. He has over 50 reviewed articles, 45 Academic Grand Rounds, four book chapters published and a book, “A Doctor’s Prescription for Healthcare Reform,” discussing health care disparities. A nationally known clinician specializing in inpatient care, medical education, research and forensic evaluations, Dr. Bailey has extensive experience creating and overseeing community-based programs, as well as focusing on care for the traditionally underserved and patients with complex medical/psychiatric co-morbid diagnoses and conditions. A native of Texas, Dr. Bailey received his medical degree from the University of Texas Medical Branch at Galveston and completed his residency in psychiatry at the University of Texas at Houston, Texas Medical Center Affiliated Hospital, where he was chief resident. He completed a fellowship in forensic psychiatry in Yale University’s Department of Psychiatry in New Haven, Connecticut. Board certified in general and forensic psychiatry by the American Board of Psychiatry and Neurology, he is also a diplomat of the American Board of Forensic Medicine, a Distinguished Fellow of the American Psychiatric Association (APA), and a member of the American College of Psychiatry.

Altha J. Stewart, M.D.

Past President of the American Psychiatric Association (2019-2022)

Altha J. Stewart, M.D. is Past President of the American Psychiatric Association and served as President of APA from 2018 to 2019. Altha J. Stewart, M.D. began her term as President of the American Psychiatric Association at the end of the APA Annual Meeting in May, 2018. Dr. Stewart is an associate professor of Psychiatry and Director of the Center for Health in Justice Involved Youth at the University of Tennessee Health Science Center.

Dr. Stewart has held several leadership roles at APA, including secretary of APA, past president of the American Psychiatric Association Foundation, chair of the APA Conflict of Interest Committee, chair of the Minority Fellowship Selection Committee, member of APA Ad Hoc Workgroups on Real Estate and Strategic Planning, member of the Council on Advocacy and Government Relations and member of the APA Joint Reference Committee.

Dr. Stewart previously served as Executive Director for Just Care Family Network, Memphis' federally funded System of Care program for children with serious emotional disorders and their families. Additionally, Dr. Stewart was Director of Systems of Care for the Shelby County Office of the Public Defender. Prior to this she served as Executive Director of the Substance Abuse and Mental Health Services Administration's Center for Mental Health Services funded National Leadership Council on African-American Behavioral Health. Earlier in her career, Dr. Stewart served as Executive Director of Detroit-Wayne County Community Mental Health Agency, one of the largest public mental health systems in the U.S. She worked for over a decade as CEO and Executive Director in large public mental health systems in Pennsylvania and New York, overseeing the management and development of programs for persons with mental illness and substance use disorders.

Dr. Stewart is active in several professional organizations having previously served as president of the Association of Women Psychiatrists and the Black Psychiatrists of America.

Dr. Stewart is the recipient of many awards and honors, including:

- o 2006 Regis College, Weston, Massachusetts, Doctor of Laws degree (honorary)
- o 2006 American Psychiatric Association Alexandra Symonds Award
- o 2003 Wayne State University Pathfinders in Medicine Award
- o 2002 NAMI Exemplary Psychiatrist Award
- o 1999 White House Conference on Mental Health, Invited Participant
- o 1999 University of Maryland, Dana African-American Visiting Professorship in

Psychiatry

Education

- o Doctor of Medicine, Temple University Medical School (Philadelphia, PA)
- o Residency in General Psychiatry, Hahnemann Medical College & Hospital (Philadelphia, PA)
- Chief Resident (1981-1982)
- o Certificate Program for Non-profit Administrators, LaSalle College and the Wharton School (Philadelphia, PA)

Patrice A. Harris, MD, MA

Specialty:

Psychiatry

Patrice A. Harris, MD, MA, a psychiatrist from Atlanta, was the 174th president of the American Medical Association, and the organization's first African American woman to hold this position. Dr. Harris has diverse experience as a private practicing physician, county public health director, patient advocate and medical society lobbyist.

Dr. Harris currently spearheads the AMA's efforts to end the opioid epidemic and has been chair of the AMA Opioid Task Force since its inception in 2014. Dr. Harris continues to lead the task force as it works across every state to eliminate barriers to treatment, provide patients with access to affordable, non-opioid pain care, and fight the stigma faced by those with substance use-disorders.

Having served on the AMA Board of Trustees since 2011, and as chair from 2016 to 2017, she has long been a mentor, a role model and an advocate. Prior to serving on the board, Dr. Harris honed her broad knowledge and deep understanding of health care issues through various leadership roles. At the AMA these included having served for many years on the AMA Council on Legislation, including a term as chair, and on multiple AMA task forces on topics such as health information technology, payment and delivery reform, and private contracting. Beyond the AMA she has held positions of leadership with the American Psychiatric Association, the Georgia Psychiatric Physicians Association, the Medical Association of Georgia, and The Big Cities Health Coalition, where she chaired this forum composed of leaders from America's largest metropolitan health departments.

Growing up in Bluefield, W. Va., Dr. Harris dreamt of entering medicine at a time when few women of color were encouraged to become physicians. Dr. Harris spent her formative years at West Virginia University, earning a BA in psychology, an MA in counseling psychology and, ultimately, a medical degree in 1992.

It was during this time that her passion for helping children emerged, and she completed her psychiatry residency and fellowships in child and adolescent psychiatry and forensic psychiatry at the Emory University School of Medicine.

Two themes that govern Dr. Harris's professional life are a passion to improve the lives of children and service to others. A recognized expert in children's mental health and childhood trauma, Dr. Harris has led efforts on both local and national levels to integrate public health, behavioral health and primary care services with supports for employment, housing and education.

A fellow of the American Psychiatric Association, Dr. Harris continues in private practice and currently consults with both public and private organizations on health service delivery and emerging trends in practice and health policy. She is an adjunct assistant professor in the Emory Department of Psychiatry and Behavioral Sciences, and an adjunct clinical assistant professor in psychiatry and behavioral sciences at Morehouse School of Medicine.

NAPOLEON B. HIGGINS, JR., MD
President and CEO
Bay Pointe Behavioral Health Service, Inc.
South East Houston Research Group, Inc.
Houston, Texas

Dr. Napoleon Higgins is a child, adolescent and adult psychiatrist in Houston, Texas. He is the owner of Bay Pointe Behavioral Health Services and South East Houston Research Group.

Dr. Higgins received his MD from Meharry Medical College in Nashville, Tennessee, and he completed his residency in Adult Psychiatry and his fellowship in Child and Adolescent Psychiatry at University of Texas Medical Branch at Galveston. He is the President of the Black Psychiatrists of Greater Houston, Past President of the Caucus of Black Psychiatrists of the American Psychiatric Association and Past President of the Black Psychiatrists of America, Inc.

Dr. Higgins is co-author of How Amari Learned to Love School Again: A Story about ADHD, Mind Matters: A Resource Guide to Psychiatry for Black Communities and author of Transition 2 Practice: 21 Things Every Doctor Must Know In Contract Negotiations and the Job Search. He also specializes in nutrition and health to improve patients' lives mentally and physically. He emphasizes that good mental and physical health are key in the practice of psychiatry and medicine.

Dr. Higgins has worked with and founded many programs that help to direct inner-city young men and women to aspire to go to college and finish their educational goals. He has worked with countless community mentoring programs and has special interest in trauma, racism, and inner-city issues and how they affect minority and disadvantaged children and communities.

David M. Carlisle, MD, PhD

President and CEO

Dr. David M. Carlisle is the President and CEO of Charles R. Drew University of Medicine and Science (CDU).

Dr. Carlisle is a published author in health policy, quality of care, medical education diversity, and eliminating health disparities. His clinical work revolves around caring for the underserved. For many years Dr. Carlisle has served as a volunteer physician at the Venice Family Clinic and is a member of its Foundation Board.

He is the past Director of the California Office of Statewide Health Planning and Development (OSHPD) where he served for eleven years under Governor Gray Davis, Governor Arnold Schwarzenegger, and Governor Jerry Brown. Under his leadership, OSHPD released its first-ever Health Disparities Reports and increased scholarship and loan repayment opportunities for health providers committed to practice in underrepresented, under-resourced and underserved communities.

Dr. Carlisle is a Professor in Public Health and Medicine at CDU as well as an Adjunct Professor in the Department of Medicine at the David Geffen School of Medicine at UCLA. He has consulted for the RAND/UCLA Center for Health Policy Studies. In 2007, he became a senior fellow at UCLA's School of Public Affairs.

Dr. Carlisle graduated from Wesleyan University. He then earned his Medical Degree from Brown University, his Master of Public Health and his Ph.D. from the UCLA Fielding School of Public Health. Dr. Carlisle is a former Robert Wood Johnson Clinical Scholar at UCLA.

RANDALL C. MORGAN, JR., M.D., M.B.A.

Executive Director, 2005–Present

Randall C. Morgan, Jr., MD, MBA, is the President and CEO of the W. Montague Cobb/NMA Health Institute based in Washington, D.C. In that role he leads a staff of scholars and research specialists who focus upon the elimination of Health Disparities. He is also an active orthopedic surgeon who has practiced in Sarasota and Bradenton, Florida since 2005. He serves as founder and President of University Park Orthopedics in that community. He is also Clinical Associate Professor of Orthopedic Surgery at Florida State School of Medicine and is also a Clinical Associate Professor in the Department of Community Medicine at the University of Connecticut. He is a graduate of Grinnell College with a B.A. in Chemistry. He received the M.D. degree from Howard University. He served as a resident in Orthopedic Surgery at Northwestern University and served a Pediatric Orthopedic Fellowship at Children's Hospital in Cincinnati. He later received an MBA degree from the University of South Florida.

Dr. Morgan served as the 95th President of the National Medical Association during the years 1996 and 1997. He was the first board-certified orthopedic surgeon to hold that position. Dr. Morgan is a true pioneer in his profession and was among the first surgeons to perform total joint replacement surgery at Northwestern University. Dr. Morgan has practiced General Orthopedic Surgery and Pediatric Orthopedics in Evanston, Illinois, and as well in his hometown of Gary, Indiana, for more than 30 years prior to his relocation to Sarasota. With the assistance of his father, Mr. Randall C. Morgan, Sr., he founded the Orthopedic Centers of Northwest Indiana and served as its president from 1975 to 1999. At one time, this was the largest minority-owned orthopedic practice in the United States. He has written and published extensively throughout his career on Orthopedics, Social Responsibility, Health Equity and the Education Pipeline for Underrepresented young scholars. He is a Diplomat of the American Board of Orthopedic Surgery and the American Board of Managed Care Medicine. He is also a Fellow of the American College of Surgeons and a member of Alpha Omega Alpha honorary medical society.

Winston Price, M.D., FAAP, FACPE is a board-certified pediatrician and served as President of the National Medical Association (NMA) from August 2004 to July 2005.

Dr. Price serves as the President and Chair for the National African American Drug Policy Coalition and also serves as the Chair of the Southwest Georgia Area Health Education Center (SOWEGA-AHEC) which focuses its mission to recruit, train and retain a robust and highly qualified health workforce for 38 counties in SW GA. He also serves as Chief Information Officer for the W. Montague COBB/NMA Health Institute and was recently appointed to serve on the Medical Society Consortium on Climate and Health Council/Steering Committee.

He holds academic positions at the Philadelphia College of Medicine as an Associate Professor in the Department of Pediatrics and Director of Pipeline Programs for the SW Georgia Campus; and Assistant Professor of Pediatrics at the Medical College of Georgia.

Dr. Price also practices clinical medicine serving a SW population in Georgia with a focus on preventive care.